

## PRESS RELEASE

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## The Ethan Wright Foundation Launches to Support Young People Living with Body Dysmorphia and Mental Health Challenges

*Monday 2<sup>nd</sup> June 2025 – London, UK*

The Ethan Wright Foundation has officially launched as a registered UK charity (No. 1213300), with a mission to support young people affected by body dysmorphia, anorexia, bullying, identity-based discrimination, and mental health challenges.

Founded in loving memory of Ethan Wright — a brilliant, compassionate young man who lived with deep internal struggles — the Foundation has already raised over **£150,000** to support its early work, which includes research funding, awareness campaigns, youth engagement, and future grant-making for community-based initiatives.

“Ethan lived with body dysmorphia and mental distress for most of his life, yet he remained hopeful and caring — always wanting to help others,” said the Foundation’s trustees. “We created the Ethan Wright Foundation to carry forward that hope, and to ensure no young person suffers in silence.”

Ethan once wrote: *“I’ve got too much potential to give up.”*

“We honour him by making sure that potential is never lost in others.”

The Foundation will focus on:

- Raising awareness of body dysmorphic disorder and related conditions
- Supporting research and early intervention
- Collaborating with professionals, young people, and grassroots organisations

- Developing resources and toolkits for schools, families, and practitioners

A dedicated website — [www.ethanwrightfoundation.org.uk](http://www.ethanwrightfoundation.org.uk) — is now live, along with an active Facebook page where supporters can follow updates and donate.

The Foundation's launch comes on the first anniversary of Ethan's tragic, accidental death on 2 June 2024.

"We honour Ethan by doing what he wished for: creating understanding, building support, and helping others who feel the way he did."

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**ENDS**